MICHIGAN CATHOLIC CONFERENCE

A Catholic examination of conscience prior to voting

Prior to voting, Catholics are called to form their conscience in accordance with Church teaching and allow faith to guide their voting decisions.

This begins with living a life rooted in Prayer, Scripture, Sacraments, and Study. Ahead of researching the candidates and learning the issues, consider the following:

Prayer

> How often do I pray? How might the Lord be calling me to deepen my prayer life with Him?

Scripture

> How often do I pray with or read Sacred Scripture? How might the Lord be calling me to spend more time with His Word?

Sacraments

> How often do I frequent the Sacraments? How might the Lord be calling me to encounter Him more often in the Sacraments, particularly in Holy Communion and Confession?

Study

> In what ways do I seek to grow in my understanding of the Catholic faith and what I profess to believe? How might the Lord be calling me to deepen my understanding of the faith, and in what ways can I do that?

For more on how Catholics can prepare to vote in the 2026 election, scan the QR code or visit micatholic.org/electionresources.